



Sponsors

To sponsor, call 301-724-3320.

Fruit & Veggie Sponsors:



**WESTERN MARYLAND
HEALTH SYSTEM**
Caring for What Matters Most



First United
Bank & Trust



MARBIDCO
growing rural ventures™



Washington County

Seed and Sprout Sponsors:



LaVale Pharmacy

Vendors

Vendors will be available with lots of food related products, services, and information! To be a vendor, call 301-724-3320.

Sponsors

To sponsor, call 301-724-3320.

Bumper Crop Sponsors:



ALLEGANY COLLEGE
of MARYLAND



Garrett County Economic
Development



Western Maryland RC&D



JOHNS HOPKINS
CENTER for A LIVABLE FUTURE

**UNIVERSITY OF
MARYLAND
EXTENSION**



*Cultivating Western Maryland's
Food Future
Conference*

Friday, April 12, 2019

Allegany College of Maryland
Cumberland, MD

Register by April 6

<http://our-food-our-future.eventbrite.com>

Or call 301-724-3320



www.WMDFoodCouncil.com



Schedule

- 8:30 Registration
 9:00 Welcome
 9:15 **Building a Sustainable Food Future for Western Maryland**
Featured Speakers:
 ♦ Anne Palmer, Program Director, Food Communities & Public Health Program, Johns Hopkins Center for a Livable Future
 ♦ Mark Winne, Senior Advisor, Johns Hopkins Center for a Livable Future
 10:00 Break & Visit Vendors
 10:15 Educational Breakout Session 1
Opportunities for New Farmers
 ♦ Sarah Sohn, Director Beginner Farmer Training Program, Future Harvest
 ♦ Ben and Hana Yoder, Savage Mountain Farm
Moderator: Willie Lantz
Food is Medicine
 ♦ Kristin Wilkins, RDN, LDN Western Maryland Health System
Moderator: Theresa Stahl & Jen Thomas
Food Insecurity
 ♦ Frank Ducey, Program Manager, Western Branch, Maryland Food Bank –
 ♦ Vanessa Mannick, Eastern Elementary School Family Liaison and Food Pantry Coordinator
 ♦ Jessica Mellon and 4-H Members from Allegany County
Moderator: Rachel Forlifer

- 11:30 Lunch
 Eat Lunch with a Speaker & Visit Vendors
 12:30 Educational Breakout - Session 2
Opportunities for New Food Businesses
 ♦ Mike Koch – Fire Fly Farms
Moderators: Jessica Josephson/Cheryl DeBerry
Farm to School/Institution
 ♦ Dana McCauley and Students, Sunshine Farm, Crellin Elementary School
 ♦ David Glenn, Director of Dining Services Frostburg State University
Moderator: Lisa McCoy
Food and Environmental Sustainability
 ♦ Siera Wigfield, Recycling Coordinator Allegany County
 ♦ Carl Koch – Presidential Management Fellow – Special Projects Coordinator, Soil Health Division, USDA-NRCS
Moderator: Dan Fiscus

- 1:45 Break
 2:00 **Bringing it All Together into a Food System**
 Interactive session to help chart the food future of western Maryland
 3:30 End of regular conference

After Conference Activities

- 4:30 **Toasted Goat Winery and Restaurant** (Frostburg, MD)
 Wine Tasting and Presentation by Owner
 Additional Cost \$5.00
 5:30 **Tour of Wholesome Harvest Cooperative** (Frostburg, MD)
 Finger foods, meet the Chef and Manager, tour the Co-op, learn about membership, shop
 6:30 **(Optional) Dinner at Toasted Goat Winery and Restaurant**
 Enjoy the rest of the evening at the bar or have dinner! Please make dinner reservations by calling (240) 558-9463

April 12, 2019, Allegany College of Maryland

Conference Registration Form

If possible, please register online at:

<http://our-food-our-future.eventbrite.com>

Name: _____

Address: _____

Phone: _____

Registration Fees (before April 6):

Number	Type	Cost Per	Total
_____	Regular	\$25	\$_____
_____	Student/Farmer	\$15	\$_____
_____	Friend of WMFC	\$50	\$_____
_____	Vendor	\$25	\$_____
_____	Toasted Goat Winery	\$5	\$_____
_____	Wholesome Harvest Coop RSVP	(Free)	
TOTAL DUE			\$_____

Send completed Registration Form & check payable to:

Allegany County EAC
 UMD Extension – Allegany Co.
 1 Commerce Drive
 Cumberland, MD 21502